Study Mom's

Activities for Kids

Keep your kids engaged while you focus on your studies! Use this list to make study time productive for everyone.

Busy Box Magic

Fill a box with coloring books, puzzles, and small toys your kids only use during your study time. Rotate items to keep it exciting!

Audiobook Adventure

Set up a cozy corner where your kids can listen to audiobooks. Choose stories that spark their imagination and keep them entertained.

Snack Prep Challenge

Prepare kid-friendly snacks in advance. Create a "snack station" where they can help themselves during study time.

Independent Crafts

Provide craft kits or printable templates for easy, independent crafting. Look for low-mess activities like sticker art or bracelet making.

Educational Screen Time

Curate a playlist of educational videos or apps tailored to their age. Screen time can be learning time, too!

Scavenger Hunt Fun

Create a simple scavenger hunt with household items. Provide a list and let them explore while you focus.

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7 **Quiet Time Reading** 7 Encourage them to read or

Encourage them to read or browse picture books. For younger kids, interactive or sensory books can be a hit.

Outdoor Play Breaks

Set up outdoor activities like chalk drawing or obstacle courses. Physical play helps burn off energy and keeps them happy.